



# PROGRAMME



SEMINARS | CLINICS | ONE-TO-ONES | VIRTUAL FINANCIAL ADVISOR

# OUR SEMINARS

Our **Financial Wellness seminars** are delivered on-site and the topics are tailored to the needs and demographics of your employees.

For example:

## Sample Early- Mid Career Topics



# OUR SEMINARS

## Sample Mid- Late Career Topics



## Testimonial

*“Every year we focus on one important wellness tenant and in this year our focus encompassed “Financial Health”. We were looking for a platform that would support and educate our team on what true Financial Health can look like and the peace of mind it brings as a result. This was the best-received talk we’ve held in my tenure! We had a room that seats 100 squeeze in over 200 people. Not only that, but the 1x1 sessions we offered the following week were completely booked within a matter of minutes after opening the reservation system. Four months later I’m still getting stopped in the canteen and being told what a wonderful experience it was, and asking if the team is going to return. I can’t recommend Employee Financial Wellness enough! They really worked with me to get three bespoke presentations and then engaged the audience in a meaningful and approachable way.”*

**Sarah Knoppe**

HRICompensations & Benefits EMEA, LinkedIn



Our team of experts are highly qualified and knowledgeable. We share lots of helpful information on our website at [employeefinancialwellness.ie](http://employeefinancialwellness.ie).

Some of our most popular articles include:

- No Surprises - Our Financial Wellness Philosophy
- How Does Financial Wellness Reduce Stress?
- How to Beat the Taxman - Know Your Refunds
- Supporting Financial Wellness into the Future - Pensions



# HOW OUR PROGRAMME WORKS



## Programme Outcomes

- EDUCATION** Deeper understanding of how to make the most of their finances.
- CLARITY** Clarity provided to all employees on their finances.
- PREPARED** Employees will be able to understand and plan for their financial future.
- REDUCED STRESS** Employees are given peace of mind and reduced financial stress.

*“An extremely insightful presentation that allowed me to make sure that I was taking the right steps and future avenues to go down. Extremely worthwhile.”*

David Speakman, MetLife

# PROGRAMME FEEDBACK

Employees:

*“I found the session incredibly useful – practical, easily actionable and tailored specifically to my personal circumstances.”*

Aoife Kearns, LinkedIn

*“The Employee Financial Wellness team had a calming approach and were extremely understanding our financial situation which put us at ease and provided great guidance which was informative but also puts life into perspective.”*

Stephen Corscadden, AIB

*“The seminar contained useful information regarding the employees’ financial wellness and the 1-1 meetings complemented them with knowledgeable and personalized input from the Employee Financial Wellness team.”*

Petru Goia, Brown Bag Films

Employer:

*“The core take away from our initial meeting was that the main focus of the Employee Financial Wellness program was to provide financial knowledge and education to staff to benefit them personally. I have gone through the program personally and found it to have been of great benefit.”*

Michelle McDonnell, Leinster Rugby HR Manager





### **Dublin 15 Office**

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### **Call us**

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